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Colonoscopy Preparation

Do not take Aspirin, Advil, Motrin, or any other nonsteroidal anti-inflammatory medications one week before procedure.

If you are on coumadin or plavix please discuss it with Dr. Naik.

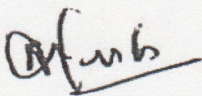
On _____ Just drink clear liquids only. These are water, clear broth, tea, apple juice, cranberry juice, grape juice, Jellos, and ginger ale.

At 4 p.m. Day before on _____ Begin drinking GoLYTELY or NuLyteLy, and drink one quart per hour for four hours.

Do not eat or drink on the morning of the procedure. Please take your blood pressure and heart medications with small amount of water on morning of the procedure.

At _____ on _____ go to

On the day of the procedure, you cannot drive, or work, or operate machinery. Please have someone to drive you home after the procedure on day of the procedure.



Arun Naik, M.D.