

ARUN C. NAIK, M.D., F.A.C.G., A.G.A.F., F.A.C.P.

Diplomate American Board of Internal Medicine and Gastroenterology

240 Williamson Street, suite 507, Elizabeth, NJ 07202

Tel: 908-259-1140

908-289-4044

Fax: 908-259-1144

908-450-0287

GARDENSTATEGASTRO.COM

COLONOSCOPY PREPARATION

Do not take Aspirin, Advil, Motrin, or any other nonsteroidal anti-inflammatory medications **ONE WEEK** before procedure.

If you are on Coumadin or Plavix, please discuss it with Dr. Naik.

On _____, Just drink clear liquids ONLY!! These are water, clear broth, tea, apple juice, cranberry juice, grape juice, jellos (**NO RED**), and ginger ale.

At 4pm, Day before on _____. Begin drinking **SUPREP**, and **REPEAT AT 2 AM.**

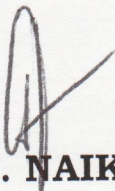
Do not eat or drink on the morning of the procedure. Please take your blood pressure and heart medications with small amount of water on the morning of the procedure.

At _____ on _____. Go to _____

On the day of procedure, you can not drive, work, or operate any type of machinery. Please have someone to drive you home after the procedure on the day of procedure. You will be in the hospital for about 3 hours after you arrive.

If you have any questions please call our office.

THANK YOU,



ARUN C. NAIK, M. D.